



# Bellinggen Public School

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9 March 2021

## Year 4 Cascade Excursion 2021 Camp Information

Dear Year 4 Parents and Carers,

**When:** Monday 28<sup>th</sup> to Wednesday 30<sup>th</sup> March (Term 1 /Week 10)

**Depart from school:** 9am Monday 28<sup>th</sup> March.

**Arrive back at school:** by 3pm Wednesday 30<sup>th</sup> March.

**Where:** Cascade Environmental Education Centre

**Teachers attending:** Mrs Sommerville, Mr Frade and Ms Taylor.

This excursion has the approval of the principal.

### Overview

A visit to Cascade Environmental Education Centre should be thought of as a learning experience. Students will be learning about many aspects of our Australian environment. Most activities will be completed outside and will involve some walking.

### Valuables, Money and Lollies

There are no shops at Cascade and you will not need spending money. Please always consider the environment. Don't bring individually wrapped and over-packaged items for morning tea and lunch on the first day. Bubble gum and chewing gum are not permitted. Valuable items like jewellery and ipads should be left at home. We do not accept responsibility if these items are brought and are either lost, broken or stolen. The centre requests that the following non-sustainably produced items are not be brought to camp: poppers, lollies, aerosol spray insect repellent, computer games, ipads etc. A camera may be taken at your own risk.

**The full excursion cost of \$150 is due by Wednesday 17th March and online POP payments are preferred. If you are experiencing difficulties paying by this date, please contact the principal.**

### Eating

Students are required to bring their own morning tea and lunch on Day One of camp.

Students may be required to assist with food preparation or cleaning up.

### Sleeping

Males and females sleep in separate dormitories or tents and an adult sleeps in an adjoining room. There are double bunks and students must bring a sleeping bag and a pillow slip.

### Behaviour expectations

Student attendance on this excursion will depend on satisfactory behaviour displayed at school and attendance at the excursion will be at the discretion of the Principal. Behaviour that is non-compliant or dangerous will result in carers being contacted and asked to collect their child.

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*Making learning meaningful, relationships positive and individuals successful.*

## Equipment

A raincoat is absolutely essential. Cascade is a wet place at times. In the months of June to September it can also be cold, so bring a pair of gloves, a beanie and a coat or jacket to protect you from the wind in winter. Other equipment you need to pack includes:

Insect repellent	<input type="checkbox"/>	Sunhat	<input type="checkbox"/>	Clipboard and pencil	<input type="checkbox"/>
Jumper/windcheater	<input type="checkbox"/>	Thick socks	<input type="checkbox"/>	Tooth-Brush	<input type="checkbox"/>
T-Shirts	<input type="checkbox"/>	Walking shoes or joggers x2	<input type="checkbox"/>	Toothpaste	<input type="checkbox"/>
Long sleeved shirt	<input type="checkbox"/>	Underwear	<input type="checkbox"/>	Soap	<input type="checkbox"/>
Long pants and shorts	<input type="checkbox"/>	Pyjamas	<input type="checkbox"/>	Towel	<input type="checkbox"/>
Extra blanket	<input type="checkbox"/>	Day pack	<input type="checkbox"/>	Raincoat and hat	<input type="checkbox"/>
Water bottle	<input type="checkbox"/>	Pillowslip and sleeping bag	<input type="checkbox"/>		
Pale coloured t-shirt to screen print	<input type="checkbox"/>				

**BUT PLEASE DON'T BRING:- Drinks in cans or poppers, lollies, aerosol spray insect repellent, computer games, ipods/ipads or any other items that are valuable or that are not sustainably produced.**

## What to expect

**Day activities:** Rainforest bush walks, biodiversity trail, history walk, archaeology dig, low ropes course.

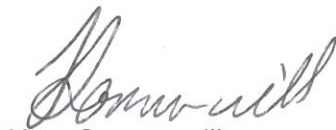
**Night activities:** Trivia night and indoor games night. Other night activities may include: spotlighting and movies.

Students will undertake a number of short bushwalks including some off trail activities in the forests during the Environmental Education program at Cascade. Qualified teachers will supervise each activity and students will be under the supervision of an adult at all times

A number of meetings covering the above aspects of the excursion will take place in the upcoming weeks. Please encourage your child to ask about anything he/she is uncertain about. We understand that there may be some anxieties as this is the first overnight excursion for many students.

If, for any reason, you wish to withdraw your child from the excursion, early notification would be appreciated.

Regards



Kate Sommerville  
Organising teacher



Vanessa Cavanagh  
Principal

# Year 4 Cascade Excursion 2021 Permission Note

*To be returned by: Friday 19<sup>nd</sup> March - Week 8 Term 1*

It is important that you carefully read and sign the following consent forms.

## GENERAL

I hereby consent to \_\_\_\_\_ of class \_\_\_\_\_ participating in an excursion to Cascade Environmental Education Centre.

Signed \_\_\_\_\_

Date \_\_\_\_\_

## PUBLICATION

I hereby consent to \_\_\_\_\_ of class \_\_\_\_\_ being photographed filmed for publication within the NSW Department of Education and Training newspaper, external publications, Internet site and other associated promotional material.

Signed \_\_\_\_\_

Date \_\_\_\_\_

## PG MOVIE

I hereby consent to \_\_\_\_\_ of class \_\_\_\_\_ to watch PG movies.

Signed \_\_\_\_\_

Date \_\_\_\_\_

## EMERGENCY CONTACTS

In case of an emergency please write down two contact numbers that are best to reach you on.

Emergency Contact 1: \_\_\_\_\_ Emergency Contact 2: \_\_\_\_\_

Number : \_\_\_\_\_ Number: \_\_\_\_\_

## MEDICAL ASSISTANCE

In the event of an emergency I consent to the securing of an ambulance and any medical treatment that may be deemed necessary by the attending medical practitioner. Please advise the school of any medical conditions that may affect your child on the excursion on the following medical note.

Signed \_\_\_\_\_

Date \_\_\_\_\_

