



Bellinghen Public School

William Street
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24/8/23

Canberra Excursion 2023

Dear Parents and Caregivers,

The annual Canberra excursion is taking place from 20th-24th November this year. We are now finalising preparations and would like medical notes and payments returned as soon as possible. Progressive payments are accepted, and **final payments must be received by the 30th of October.**

The final cost is \$474.00.

Attached to this note is a Medical Information Form. Please ensure it is completed in full and returned to the school as soon as possible.

The attending staff are Ms Kathy Taylor, Mrs Kate Sommerville and Lawrence Pastro (SLSO). We are travelling with Jacaranda City Coaches in a bus that is fitted with seatbelts and the students are expected to be travelling with their seatbelt always fastened.

We will be meeting at the school at 5:30am on Monday 20th November to load the bus and depart by 6am. Anticipated stops are at Kew and Pheasants Nest with other brief stops for toilet breaks as required. Students are asked to bring along enough food and water for the first day. Eating on the bus is not permitted. Our stops will not be near shops therefore the purchasing of any food along the way will not be possible.

The trip, including breaks, takes approximately 12 hours. During the trip the students are invited to bring along their handheld games or music players with headphones. All electronic equipment must be clearly labelled with the student's name and the student is expected to take care of it and the responsibility of it lies with the owners. G rated movies will also be screened during the trip.

Students can wear casual clothes on the Monday. On Tuesday, Wednesday and Thursday students are to wear **full** school uniform including blue school jumpers. They can wear casual clothes on the return trip on Friday. We also have nighttime activities where students will be wearing casual clothes. **Please note:** The weather in Canberra can change very quickly. Comfortable warm clothes are far more important than setting trends. Items such as jewellery should not be taken or worn.

The issue of pocket money for extras like souvenirs etc, is left to your judgement.

For students requiring medication, parents or carers will need to visit the school office the week **before** the Canberra trip to complete an *Administering Medications Form* and provide the medication in the original packaging with dosage advice included. This will be stored securely and administered as advised by the medical support teacher. This applies to all prescription and non-prescription medications, vitamins and supplements.

All meals are provided by the staff at Westwood Lodge. If your child has any special dietary requirements, please ensure this is noted on the *Medical Information Form*.

Unfortunately, on a previous excursion, mobile phones caused a number of serious problems as they were used inappropriately. Therefore mobile phones are not to be taken on this excursion. In emergencies, you can get a message to your child by ringing the school.

For their own safety, the safety of others and the smooth running of the excursion, it is expected that students be on their best behaviour at all times. All instructions from teachers and helpers should be followed promptly. It is hoped parents will reinforce this leading up to the excursion to make it a wonderful experience for all attending. If student behaviour is not at the standard expected, parents will be called and arrangements made for parents to collect from Canberra.

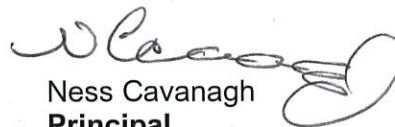
The Australian Government recognises the importance of all young Australians being able to visit their National Capital as part of their civics and citizenship education. To assist you in meeting the cost of the excursion the Australian Government is contributing funding under the Parliament and Civics Education Rebate (PACER) program toward travel expenses incurred. This contribution is paid directly to the school on return upon completion of the excursion. We would like to thank the Australian Government for their support of this program. **The school has already applied the rebate to your final costs.**

A final note will be distributed prior to the excursion that will include a packing list.

Sincerely,



Kate Sommerville
Coordinating Teacher



Ness Cavanagh
Principal



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Medical Information Form

Student Name: Class:

Medicare Card No:

Age: Date of Birth: Gender:

Address:

..... Post Code:

Parent /Guardian details

Parent/Guardian Name:

Address:

..... Post Code:

Telephone: (Home) Work:

Mobile:

Doctor contact details

Doctor Name:

Address:

..... Post Code:

Telephone:

Alternative Contact details (if parent/guardian is unavailable)

1. Name:

Telephone: (Home) Work:

Mobile:

2. Name:

Telephone: (Home) Work:

Mobile:

List special needs or existing medical conditions or illnesses (include asthma, diabetes, epilepsy, etc.). Outline the treatment for each. Attach additional sheets if required.

Condition Current	Treatment

Has your child attended a doctor for treatment of any serious illness recently? **YES / NO**

If YES please give details:

..... see over

Making learning meaningful, relationships positive and individuals successful.

Outline special dietary needs (if any):

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Possible reaction to inappropriate diet:

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Medication(s) to be administered during these activities. Include name of medication, instructions for administration, time of administration, and any possible reactions

Medication Name	Form (tablet etc)	Dosage, time, methods	Possible Reactions

List any allergies and their reactions. Outline the treatment for each. Attach additional sheets if required.

Allergy	Reaction and Treatment

Date of last tetanus injection: or within last 2 years 5 years.....