

Bellinghen Public School 2024 Canteen Menu

Please Order Lunch and/or Recess by 9am on the Spriggy app'.
Handwritten orders need to be in by 10:00am.

SNACK AND RECESS

Popcorn	.50c
Red or Green Apple, Pear	.70c
Cheese & Crackers Supplied by Norco	\$1.50
Baked in Canteen	
Anzac Slice	.60c
Mixed Berry Muffin	\$2.00
Gluten Free Apple and Cinnamon Muffin	\$2.00

DRINKS AND FROZEN ITEMS

99.9% Fruit Juice Popper 200ml (Apple, Orange or Apple/Blackcurrant)	\$1.50
600ml Bottled Water	\$1.50
Up & Go (Choc', Vanilla or Strawberry)	\$2.00
250ml Norco Flavoured Milk (Chocolate or Strawberry)	\$2.50
Frozen Fruit Juice Cup Or Quelch	(mini).30¢ (big).70¢
Frozen Yoghurt w/spoon Flavours - Mango & watermelon or Choc' & Vanilla	\$2.00

LUNCH

Sandwiches

Freshly made on Wholemeal or white bread

Vegemite, Cheese, or Ham	\$2.50
Ham/Cheese & Tomato, Chicken Cheese & Tomato Egg/Lettuce & Mayo	\$4.00

Ham / Chicken / Cheese / Egg - With Salad (lettuce, tomato, cucumber & carrot)	\$5.00
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TOASTED Ham/Chicken/Cheese/ Baked Bean	\$3.50
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Gluten Free / Wrap / Roll
or any extra sandwich or toastie filling,
add on .50c for each filling.

HOT FOOD

PIZZAS

Herb, Garlic, Cheese (no sauce) or Cheese & Sauce	\$2.50
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Ham only	\$4.00
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Ham & Pineapple	\$4.50
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Spinach and Ricotta Roll (V)	\$3.50
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Sausage Roll	\$3.50
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Meat Pie	\$5.00
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Tomato and BBQ Sauce	.30
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Jacket potato (GF) choice of toppings – Ham/Baked Beans/ Cheese/ Natural Yoghurt	\$4.50
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Spaghetti w/ Napoli Sauce & Shredded Cheese (V)	\$5.00
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Add 5 Meatballs +\$1.00 (extra cheese or
meatballs add on .50c each)

Butter Chicken served with steamed rice	\$5.50
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Chicken Tender Burger with lettuce & mayo on a wholemeal bread roll	\$5.50
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Colour Coded Menu

Green Items: Everyday foods and meals from, or made from foods in the five food groups.

Red Items: Occasional foods and drinks are mostly high in saturated fat, sugars and/or salt and often with little nutritional value. They are not needed as part of a healthy diet and should be eaten only sometimes and in small amounts.