



Bellinghen Public School

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6th November 2024

Dear Parents, Carers and Year 6 Students

The annual Canberra trip is now just 3 weeks away.

Your online permission and medical information should now be complete on Schoolbytes, and total payment is now due.

Medication

Student ASCIA Action Plans and Asthma Management Plans along with any EpiPen Auto-injector and Asthma Ventolin and Spacer will be packed by the school.

Students who have medication at school during school hours will need to supply the school with enough medication for the duration of the camp.

Any other form of medication that your child requires, is to be labelled and given to the office.

Medication in original packaging needs to be given to the front office by Friday 22nd November. You will need to complete a *Permission to Administer Medication* form (see attached). Teachers will dispense any medication as required. This applies to all prescription and non-prescription medications, vitamins and supplements.

We will be meeting at the school at **6:30am on Monday 25th November** to load the bus and **depart by 7am**. Anticipated stops are at Kempsey, Bulahdelah and Campbelltown. Students are asked to bring along enough food and water for the first day. Eating on the bus is not permitted. Our stops will not be near shops; therefore, the purchasing of any food along the way will not be possible.

The trip, including breaks, takes approximately 12 hours. During the trip, the students are invited to bring along their handheld games or music players with headphones. Unfortunately, on a previous excursion, mobile phones and wireless capable devices caused serious problems as they were used inappropriately therefore **no mobile phones or WIFI enabled devices will be permitted on the excursion**. All electronic equipment, including chargers, must be clearly labelled with the student's name, as they will be collected upon arrival at the accommodation. In emergencies, you can get a message to your child by ringing the school. G rated movies will also be screened during the trip.

Students can wear casual clothes on the Monday. On Tuesday, Wednesday and Thursday students are to wear **full** school uniform. This includes blue jumpers and school hats. They can wear casual clothes on the return trip on Friday. We also have nighttime activities where students will be wearing casual clothes.

Please note: The weather in Canberra can change very quickly. Comfortable warm clothes are far more important than setting trends. Items such as jewellery should not be taken or worn.

The issue of pocket money for extras like souvenirs etc is left to your judgement. Students are also requested to bring along money for our return trip where we will stop at Hungry Jack's at Ourimbah. Please label this in a separate envelope as lunch money. If students do not want Hungry Jacks on our return trip a packed lunch will be made for them from Westwood Lodge, though prior notification will be required.

All meals are provided by the staff at Westwood Farm Lodge. If your child has any special dietary requirements, please ensure they were noted on the online **Schoolbytes permission and Information**.



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For their own safety, the safety of others and the smooth running of the excursion, it is expected that the behaviour of the students will be as required by the teachers and hosts at various exhibits. All instructions from teachers and helpers should be followed promptly. Please reinforce this with your child/children leading up to the excursion to make it a wonderful experience for all attending.

The Australian Government recognises the importance of all young Australians being able to visit our National Capital as part of their civics and citizenship education. To assist you in meeting the cost of the excursion the Australian Government is contributing \$45.00 funding under the Parliament and Civics Education Rebate (PACER) program toward travel expenses incurred. This contribution is paid directly to the school upon completion of the excursion. We would like to thank the Australian Government for their support of this program. The school has already applied the rebate to your final costs.

Covid Guidelines

The excursion is required to be held in accordance with any current NSW Health COVID-19 Public Health Orders and the NSW Department of Education's policies and procedures as there is a risk that your child may be exposed to COVID-19 whilst attending and participating at this event.

Students are required to complete a Rapid Antigen Test (RAT) prior to leaving home if they are displaying any flu-type symptoms and not attend the excursion if they test positive.

If a student becomes ill at camp, a RAT test will need to be performed to determine if they are a positive COVID case. If tested positive parents will be notified and they will need to isolate and wear a mask and will not be permitted to attend venues.

The planned itinerary will accompany this note. Please be aware that times are only approximations.

A basic list of requirements include:

Morning, afternoon tea and lunch for Monday

3 school uniforms (including a blue school (not yr 6 shirt) shirt for the parliament house visit day and a blue jumper).

3-4 changes of casual clothes.

Pyjamas

Underwear, toiletries (toothbrush etc)

1 pair of shoes and pairs of socks (include 1 pair for ten-pin bowling.)

Jumper/jacket (including a blue school jumper)

A quiet activity for the bus trip (music player with headphones, portable game, book etc)

Day Pack

Drink Bottle

School Hat

If there is any other information you require, please feel free to call us at school.

Sincerely,

Kate Sommerville
Coordinating Teacher

Ness Cavanagh
Principal