



Bellinghen Public School

'Courtesy and Knowledge'

William Street
PO Box 42
Bellinghen NSW 2454

Email: bellinghen-p.school@det.nsw.edu.au
Website: <https://school name-p.schools.nsw.gov.au/>

Rel. Principal: Dylan Harry
Phone: 02 6655 1147
Fax: 02 6655 2615

Term 3 Week 1

Tuesday, 23 July 2019

Athletics Carnival - Thursday, 25 July 2019

Where: Bellinghen High School

When: 9am to 3:10pm

Dress in your house colours and PARTICIPATE!

(for detailed information please see the original note on the school website under Current Notes)

From the Principal

Welcome back to Term 3, I hope all had a lovely break. This Thursday we will hold the School Athletics Carnival at Bellinghen High School. This includes all students in years 3-6 and any year 2 student turning 8 this year. Any parents willing to assist on the day with time keeping would be much appreciated. The K-2 Athletics Carnival date is yet to be confirmed.

Student Success

This week we have two students attending the State Cross Country championships. All the best to Charlie Carter and Anouk Laverty we are very proud of your efforts.

Have a lovely week

Dylan Harry, Relieving Principal

Jollybops Science Show

Next Tuesday 30th July, the Jollybops Science Show will present its science show for all students in K-6. This show aims to bring science alive through exciting, stimulating and interactive science demonstrations. There will be one session for K-2 and one for 3-6.



As the final activity in our recognition of NAIDOC Week here at Bellinghen PS the show will look at "Science with an Aboriginal Perspective - Flight, Fire & Sound". The show will highlight Aboriginal technology & discovery. Do you know what "David Uniapon" the Aboriginal man on our \$50 note achieved or how the returning boomerang flies so well? Just a couple of things that will be looked at in this fast paced, exciting and interactive show.

There is NO COST for students to attend Jollybops Science Show, the cost will be covered by the school.

This means everyone gets to go!!

My Community Grants

Dear School community, Please vote for our school and share, share, share...WE ARE IN OXLEY electorate! "Goat track upgrade- Bellinghen Public School"

Hi all,

Bellinghen Public School has an opportunity to win the "People's choice award" for The My Community project grants initiative.

It is to support our local Bellinghen Public School to upgrade the very unsafe goat track at the front entrance.

Your support for our school would be very much appreciated.

Please vote- we are in Oxley electorate and choose the Goat Track upgrade for our wonderful local primary school!

Follow this link to vote for us and PLEASE SHARE!

Invite all your friends and family to vote for us to make it safe for all families that use this front entrance for school or community events such as Camp Creative.

Link below-

<https://mycommunityproject.service.nsw.gov.au/projects>

Thank you

Sonya Laverty

President - Bellinghen Public School P and C

ICAS



ICAS is coming up this year in September, please keep an eye out for the permission note coming home early term 3. ICAS has changed its payment procedure and it's all online, just waiting for ICAS to send the details of how to pay online, so I can include it on the note.

Renee Buckley, ICAS Co-ordinator

Gardeners Unite

Dear families, we are planning another BPS Garden Stall at the Plant Fair, held in September. Last year we raised over \$1,000.00 which assisted the build of our fantastic music room pergola.

Taking into account what sold well in 2018, we are going to concentrate on vegetable seedlings for spring planting and potted colour. The students in Garden Club will be planting each week from Term 3 week 1. We plan to recycle the milkshake cups for seedlings. We are also on the lookout for hardened glass (fridge shelves) to make mini hot houses in Styrofoam boxes~with glass lids!!

Other plants we would like to specialise in are Medicinal Herbs, Begonias, Geraniums and Salvia.

If you are a green thumb and you value our beautiful Vegi Patch, could you please strike cuttings for us? We would really appreciate your help and love the companionship that comes of working with our BPS families.

(If you have cuttings galore, pots but no potting mix, call Elizabeth 0403 686 267 and I can supply it)

Elizabeth Scott, Viv Evans, Ann Mackerras

Girls Soccer

On the 4th July a group of girls representing Bellingen Public School came together and played the 5th round against Wauchope in girls soccer. It was a tough game and Bellingen sadly didn't make it. The score was equal 1-1 so the game went into extra time with 5 minutes each way. At the end of extra time the score was still locked at 1-1. The coach of each team talked with the referee and it was decided the game would be awarded to Wauchope on penalties.

Value of the Week – Participation

Participation Rubric

4 : Exceeds Expectations

- I am focused
- I am participating
- I am a leader in class
- I am a model for my peers

3 : Meets Expectations

- I am almost always focused
- I make a good effort
- I sometimes participate

2 : Approaching Expectations

- I am sometimes focused
- I sometimes get distracted
- I do not often participate

1 : Does Not Meet Expectations

- I rarely participate
- I am often distracted
- I do not sing, play, or move

Attendance

Compulsory School Attendance Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

What are my legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The Education Act 1990 requires that parents ensure their children of compulsory school age are enrolled at, and **regularly** attend school, or, are registered with the Board of Studies, Teaching and Educational Standards for home-schooling.

Once enrolled, children are required to attend school each day it is open for students.

The importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

It's important that children are at school all day, every day

OK reasons to stay home from school

sick natural disasters

It's NOT OK to skip school to shop, sleep in, finish an assignment, go on holidays

Lateness is recorded as a partial absence and must be explained by parents.

Excursion Budgeting

Excursions can be paid off weekly, fortnightly, monthly or as it suits your family budget.

- **Opera House Choir excursion.** September, Tue 3rd – Thur 5th @ \$368 over approx 5 school weeks = \$74/week
- **Year 5 Lake Keepit excursion.** December, Mon 2nd – Fri 6th @ \$361 over approx 16 school weeks \$23/week.
- **Year 6 Canberra excursion.** December, Mon 2 – Fri 6th @ \$618 over approx 16 school weeks \$38/week.

If you are experiencing difficulty in paying for any school expenses please do not hesitate to contact the school on 6655 1147.

We also have our online payment system located on the School Website, <http://www.bellingen-p.schools.nsw.edu.au/>, click on **MAKE A PAYMENT** and follow the prompts to make a payment.

VIOLIN GRADUATION

Saturday July 27

Children working hard to complete their repertoire book have a day especially to celebrate their achievements. First the recording and then the concert.

All violinists at school are able to attend and perform in this concert. The graduates will perform from levels 5-1 and then additional Book 1 Songs will be played altogether.

Come and be inspired by older students playing beautiful pieces.

All performers and graduates are to register here:

<https://www.trybooking.com/BDWLL>

See flyer for all information under Current Notes on the school website

Elizabeth Scott and Jacque Gill

Opera House Tickets

Opera House Tickets come on sale next week.

Get ready to pounce at 9am -Wednesday July 31st for the Bennelong Concert to be held on Wednesday September 4.

Extensive details were provided in the previous OHC note and is available on the school website under

Current Notes

<https://bellingen-p.schools.nsw.gov.au/>

Ms Scott, Music Co ordinator

P & C Magnets

Do you have your P & C Magnet?

Come to the office and collect one and never miss a P & C meeting.

Belling Public School
P&C Association

**"Working together to
make a difference"**

Meet in BPS Library 6:30pm
1st Monday of the month - All welcome!



P&C

Volunteers

Do you volunteer at Belling Public School?

All volunteers need to complete a Volunteer application together with appropriate volunteer appendices and provide 100 points of identification. A Working With Children check is only required for overnight excursions or if you do not have a student relative at this school. All volunteers need to sign in at the office or other designated sign on site. Please see the office for more information.

Payments online

All school student related payments can be made on-line. Just go to our school's website and look at the top menu bar for the MAKE A PAYMENT sign, and click from there. Please complete the mandatory fields only. I encourage all parents and carers to use this facility as it is far more secure and easier for all concerned, including our students, teaching and office staff.

Photography at School

Parents/Carers are reminded that when taking photos at school events they should not post these photos online when they include other students. If you would like to post a photo of your child please take an individual photo.

Uniform Shop News

The Uniform shop is open Monday and Friday each week from 8.40 am to 9.30am. Payment is by cash or cheque only. Order forms are available from the office. Completed orders can be left at the office to be filled, sent home with your child/ren or collected when ready.

P & C Facebook

Connect with Belling P&C on Facebook. P & C connect with the community and give reminders about upcoming events or fundraisers. If you join the group on Facebook you can ask questions, make announcements and share your support of the school and your children. Thanks for your participation.



<https://www.facebook.com/groups/590159587777837/>

School Banking

Our School Banking day is Wednesday.

Available in Term 3, we have two new reward items from our 2019 Polar Savers range for students to redeem:

Arctic Owl Fluffy Keyring and Scratch Art Cards.

If you would like to know more about School Banking, please ask for a 2019 School Banking program information pack from the school office or visit

commbank.com.au/schoolbanking
Ashlie Davis & Sandra Ruming
School Banking Co-ordinators



Canteen Roster – July

| | |
|-----------------------|--------------------------------------------|
| Tues 23 rd | help needed |
| Wed 24 th | Sue Travis |
| Thur 25 th | "Action" Ann Mackerras. |
| Fri 26 th | "Action" Ann Mackerras and Jen Daconceicao |
| Mon 30 th | "Rockin" Rob Gale |



Canteen News

To cater for the students and other members of our school community, providing the healthiest and most nutritious food in a responsive, courteous and impartial manner.



Welcome to Term 3 everyone,

Please have all sushi orders in on Thursdays to ensure that your children do not miss out.

We are getting a handful of sushi orders, but we need more. A big thank you to those who have got theirs in as it has been very helpful. All pre orders will be fulfilled and will not miss out in future.

The winners of our biggest and smallest apple competition for the last week of term 2 were Tiger-Reign Kahl in 3/4O whose apple weighed in at 58 grams. The largest, which was Kelvin Niyontsinzi in 3/4M whose apple weighed in at a 202 grams, but no less took the prize. \$2 goes to both of you and can be collected from the canteen. Watch this space for our weekly winners and keep those apples coming, big and small.

Our 2 weekly specials this Thursday and Friday will be a lean beef lasagne or a pocket bread with falafel and salad; stand alone for \$4.50 or you can meal deal the whole lot for \$5.00 and include a frozen juice popper

We are on the lookout for volunteers to join us on our exciting journey of enhancing the health and wellbeing of our School Community. Simply fill in a form, obtainable from the canteen and hand it back to us or into the front office and we can get you onboard our amazing team.

Thank you everyone for being a part of and making our school community so awesome.

Matthew Knight, Canteen Supervisor

Current Notes

- Athletics Carnival (original)
- Community & Engagement workshop
- Lake Keepit – Yr 5
- Canberra EOI Yr 6
- Opera House Choir note

Attachments with this Newsletter

- REACHING OUT - A concert of inspiration and hope featuring
- Small changes, big differences - The Incredible Years Pre-school Basic Program is an evidence based program for 3 to 6 year olds that aims to prevent and treat young children's behavioural issues by promoting their social, emotional and academic development.

Diary Dates

July 2019

| | |
|---------|------------------------------------------------------|
| Thur 25 | Athletics Carnival - BHS |
| Fri 26 | All Schools Cross Country, Eastern Creek |
| Sat 27 | Graduation Recordings and concert for all violinists |
| Tue 30 | Jollybops Science Show K-2 10am, Yrs 3-6 12:10pm |
| Tue 30 | Hockey Gala Day (note to come) |
| Wed 31 | OHC Ticket sales open 9am |

August

| | |
|--------|--------------------------------------------------|
| Fri 2 | District Athletics, Urunga |
| Mon 5 | P & C Meeting, 6.30pm, School Library |
| Wed 7 | OH Choir Cluster rehearsal at school. |
| Fri 16 | Whole School Assembly, 9.30am, School Hall |
| Fri 23 | MNC Athletics - Coffs Harbour |
| Fri 23 | Finalise payment for Opera House choir excursion |

September 2019

| | |
|----------------|--------------------------------------------|
| Mon 2 | P & C Meeting, 6.30pm, School Library |
| Tue 3 – Thur 5 | Opera House Choir excursion |
| Fri 13 | NC Athletics, Lismore |
| Fri 13 | Whole School Assembly, 9.30am, School Hall |
| Thur 19 | Stage 3 Musical |
| Fri 20 | Stage 3 Musical |
| Fri 27 | P & C Colour Run |
| Fri 27 | Last day of Term 3 |

October 2019

| | |
|--------|---------------------------------|
| Mon 14 | First day for students - Term 4 |
|--------|---------------------------------|

November 2019

| | |
|-----------------|--------------------------------------------|
| Mon 4 | P & C Meeting, 6.30pm, School Library |
| Wed 6 | State Athletics, SOPAC |
| Thur 7 | State Athletics, SOPAC |
| Mon 18 – Fri 29 | Yrs. 2 & 3 Swim Scheme |
| Fri 22 | Finalise payment for Lake Keepit excursion |
| Fri 22 | Finalise payment for Canberra excursion |

December 2019

| | |
|---------------|---------------------------------------|
| Mon 2 | P & C Meeting, 6.30pm, School Library |
| Mon 2 – Fri 6 | Yr. 5 Lake Keepit Excursion |
| Mon 2 – Fri 6 | Yr. 6 Canberra Excursion |
| Wed 18 | Last day of Term 4 |
| Thur 19 | SDD |
| Fri 20 | SDD |

Community Notices - Bellinger Public School does not endorse these products or services.

Cancer Council – New Healthy Lunches website

Packing healthy lunches for kids can be daunting sometimes. Term three is about to start and with Cancer Council NSW's Healthy Lunch Box website (healthylunchbox.com.au) this task can be easier.

The website is full of recipes, ideas and tips, and includes an interactive lunch box builder to help parents and their kids plan a healthy lunch box at home, or on the move with their smartphone or tablet.

The Healthy Lunch Box website shows parents how easy it can be to incorporate more fruit and veg and pack a lunch box that their kids will love to eat, while setting up habits that have lifelong cancer prevention benefits.

The Healthy Lunch Box website makes things a lot easier for parents. They know that what they pack will give kids enough fruit and vegetables in their lunch box every day. Plus, the recipes are easy and quick to prepare.

One in three cancer cases can be prevented by adopting a healthy lifestyle, which includes eating well, being active and maintaining a healthy weight. But only seven per cent of NSW children eat enough vegetables, and 21 per cent of children are overweight or obese. We know that a child will eat around 2,500 lunches throughout their time at school, so we want to make it as simple as possible for parents to make healthy eating easy, interesting and engaging for their kids. The lunch box builder is a great way to get your kids involved in what's in their lunch and it's a great learning tool, even for parents and the fussiest of eaters!

Adding fruit and vegetables to the lunch box every day is a simple way to ensure children are getting the vitamins, minerals and fibre they need to fuel concentration in the classroom, improve their health, and prevent 12 different adult cancers.

Visit healthylunchbox.com.au and pack a healthy lunch box today!

ARE YOU A BASKETBALL WARRIOR ?

BRANSON CENTRE

5.30pm - 6.30pm

REGISTRATION & COMMENCEMENT

MONDAY 5th AUGUST

We are encouraging any child born 2007, 2008, 2009 and 2010 that is naturally athletic, enthusiastic and willing to learn to come along and try it out, basketball ability is not an essential.

After Warriors program graduation the respective Braves teams may be eligible for entry into our odd age program and own regional basketball carnival scheduled here in Coffs Harbour on the weekend of 7 & 8 December

Utilising the excellent courts at Bishop Druitt College, the Warriors will be kitted-out in sponsored training singlet-tops and come under the skillful care of state qualified junior basketball coaches all with essential current working with children certification.

COST: \$80 - 8 Week Program

Online Registration:
www.bellingervallegbasketballsportingpulse.net



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Bellinger Valley Braves Basketball

June 25 at 11:32 AM ·

AUSSIE HOOPS TERM 3 REGISTRATION

Basketball Australia's official junior game development program for 5-10 year olds and their families.

Registrations are now open for our Aussie Hoops term 3, 7 week program

Urunga Primary School

Monday 29th July

4pm - 5pm

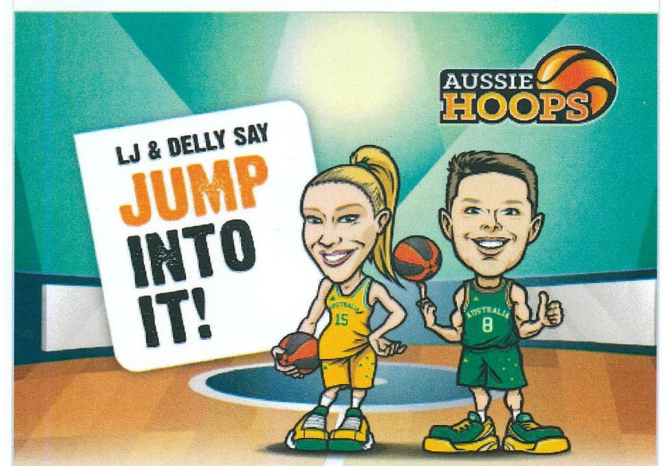
\$70 (includes bag, ball & singlet)

Contact Shane: 0437 883 033

Register below

<https://membership.sportstg.com/regofrm.cgi...>

Active kids rebate available



REGISTER NOW AT AUSSIEHOOPS.COM.AU