



Bellinghen Public School

'Courtesy and Knowledge'

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Principal: Vanessa Cavanagh
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Term 1 Week 9

Monday, 22 March 2021

From the Principal

Dear parents and carers,

Thank you to everyone in our community who supported the safe evacuation of our students on Friday. It is very important during these times that we work together to ensure everyone's safety.

Today is World Water Day. [World Water Day](https://www.worldwaterday.org/) celebrates water and raises awareness of the global water crisis. More information can be found on <https://www.worldwaterday.org/>

Our school teams for PSSA Cricket, Rugby League and Soccer are waiting for new dates for games to be played to be able to go to the next round. With the extremely wet weather and wet grounds it may not happen this term. We will let everyone know as soon as possible.

Next Wednesday students will be involved in Lunchmaker's Programmed Waste Audit. Students will be checking rubbish and some students will be making a beeswax wrap. This of course will depend on the weather. Due to the weather our Cross Country set down for Friday has been postponed. We will let everyone know the new date when it is decided.

The Year 4 camp to Cascade is set down for next Monday but with the weather and road closures there is a possibility that it will be postponed until next term. We will let you know as soon as possible.

Second Steps – our wellbeing program

Week 5: Listening

At BPS, we all work hard to be the best learners we can be. One skill for learning is to listen with attention. When we listen with attention, our eyes are watching the speaker, our ears are listening, our voices are quiet, and we're still. This week, practice being a great listener every day!

Ness Cavanagh, Principal

ARCO (Anti-Racism Contact Officer)

What is an ARCO?

An ARCO is an Anti-Racism Contact Officer, nominated by the principal to receive training on how to handle racism within the school environment.

Who are the ARCO's at BPS?

Bellinghen Public School officers are Mrs Vardabasso (Stage 1), Mrs Young (Stage 2) and Miss Byrne (Stage 3). Each stage has an ARCO but students and schooling staff are able to report to any ARCO they feel comfortable with.

What is an ARCO's role?

Receive the suggestion, complaint, or allegation of racism. Assist the support students during the process and help reach a resolution.

Advise the complainants of their rights and the process to be followed in lodging a complaint.

Refer the complaints to a member of the school executive who will be responsible for resolving the complaints.

Why is it important to have ARCO's?

It is important to have ARCO's at school to aid students, teachers, and all Bellinghen Public School members through the process of reporting and supporting individuals to resolve incidents involving racism.

REJECT RACISM

Meet the Bellinghen Public School ARCO Team

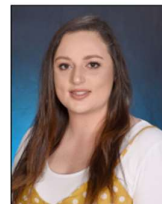
Mrs Vardabasso



Mrs Young



Miss Byrne



racismnoway.com.au

Courtney Byrne, Classroom Teacher

Attachments with this Newsletter

- Wild Mentoring Festival - This event is perfect for educators, parents, and carers who want to guide future generations towards a deeper connection with the natural world.
- Movie Night - Lego Movie (Bellinghen Shire Swim Centre)



Education
Public Schools

Belling Public School P and C

Hello, I hope you are all surviving this wet and soggy Belling weather and managed to find the fun bits in the flood. We have a meeting of the Parents and Citizens Committee on Monday 29th March starting at 6:30pm in the library or Staff Room. We are excited to welcome new members, so if you are a parent, grandparent, carer, teacher or other interested person we would love to have you come join us. You can be as involved as you like but we would love to have your input. Membership is \$1 for the year and it entitles you to fun friendships, greater involvement in the school and possibly a bit of fundraising activity.

Last P and C meeting also consisted of the AGM, where we elected almost all of the new committee. We are missing a treasurer. This is an essential position for the P and C to operate. So if you can donate some time and feel comfortable with this role please come to the meeting on 29th March as we definitely need you.

We would like to introduce ourselves so you can get to know us a little.

Our new president is Kim Childs. I have two kids at the school in year 3 and 5. I am happy for people to come have a chat if you see me around the school. I am passionate about my children enjoying learning and as a Wiradjuri woman I am also interested in how we can incorporate Aboriginal ways of learning into our children's educational journey.



Fleur Blainey Deen is our Vice President. I have 2 kids at school year 3 & kindy. I'm often at school for drop off and pick up & enjoy meeting new friends. So feel free to stop me to say hi. Both my kids sit strongly with their Aboriginal and Torres Strait Islander heritage along with a strong respect for the environment and the land we reside on.



Caroline Thomas is our Secretary. Hello, I have a daughter in Year 5 and son in Year 2. I grew up in the area and returned with my family 10 years ago. Our family love living in this community and look forward to meeting you.

**Kim Childs, President,
Belling Public School P & C**

Belling Youth Orchestra Camp

Year 6 girls, Scarlett, Isabella, Indie, Grace and Edie had great fun at the BYO Camp last weekend.

Held at the Coffs Coast Adventure Center at Bonville, students in both the String School and Youth Orchestra strengthened friendships, experienced the Commando

Course (Physical challenges in the mud!!) ate together, sang together and played lots of music together.

We finished the weekend with a Pop-Up Concert at the High School. Fine musicians from around Australia came to tutor our students.

The Belling student music scene has a huge following and is attracting interest and sponsorship.

If you were wondering whether to encourage your child to take up an instrument, then do it as we have fantastic ensembles in which to play for every stage of learning.

Music gives children a special language in which to converse and helps every aspect of learning at school.

Liz Scott, Music Co Ordinator

Harmony Week



Well done to everyone who came in mufti for Harmony Week. Despite low numbers at school due to the rain, we raised \$287.90, which will be added to the SRC's 'Creative Board fund'.



Back L to R - Romi Gunning, Amelia Daley, Bailey Currie,
Middle L to R - Harmony Dillon & Ruby Thorn
Front - Bodhi Allen

Roz Everson, SRC Supervising Teacher

Head Lice

Head Lice have been detected in a number of classes. Would you please check your child's hair and treat with the appropriate treatment if you detect lice or eggs. Students should not return to school unless this treatment has been administered. We recommend that students with long hair keep it tied back.

NC Swimming

As we hit the road to Coffs Harbour the adrenaline finally came upon me. That's when I realised I was going to compete at the NC swimming carnival. When we arrived we were searching for a park for 10 minutes straight! We finally got a park, then rushed inside before the gates closed. As we were entering the venue I heard the first race get marshalled, "100 metres freestyle." Next I had to go find the MNC flag get my name marked off then prepare for my first race the 50 metres freestyle.

Then they said take your marks then the buzzer. As I plunged myself into the pool, every stroke pushing back more and more water back; I felt my hand slam against the wall. As I come up for a breath and took off my goggles and cap I sigh in relief. First race finished, next one to complete is breaststroke. They marshalled me again only that this time I realised that I had swam a PB! I was so proud of myself. The next time that they marshalled me it was for backstroke but I wasn't too keen on it because backstroke isn't my favourite but I did it anyway. To my surprise I got a PB as well! Alright 3 down 1 more to go, butterfly. As they marshalled me to butterfly I was so nervous not only was this the hardest stroke but it was my last race so I wanted it to go well. On your marks get set go! As I dove into the water I did my streamline then when I came up I brought out my arms and with every stroke getting further and further down the pool I got closer and closer to the wall. One more stroke I told myself just one more c'mon you can do it; done. Woohoo! I finished I was so relieved I completed butterfly and made it to state in the following events, 50 freestyle, 50 breaststroke, 50 backstroke and 50 butterfly! That's my story of NC Swimming. Thank you so much for reading this and please make sure to buy a \$2 ticket from the office in order to help me get to state and achieve my goals!



Anouk Laverty, NC Swimming Competitor

P & C Meetings

All parents and carers are invited to the Bellingen Public School P and C meetings. Meetings are usually held on the first Monday of the Month at 6:30pm in the staff room. The next meeting will be held on Monday 29th March 2021.

Monthly meetings are capped at one hour. Items not covered will be held over to the following meeting.

Stewart House

For over 40 years, the Stewart House Donation Drive has been their major annual fundraising event in NSW public schools. Staff and students are encouraged to enter the draw. For as little as \$2.00, you could win a prize valued at \$4000.



Stewart House Donation Drive 2021

Celebrating 90 years!

Your donation supports the 1,700 children who attend Stewart House each year from public schools across NSW and the ACT.

“ Staying at Stewart House was an important component of my childhood. I am thankful for the experience and that there were people out there that truly believed in kids from complex backgrounds, without judgement. ”

Email message from past student (10/10/2020) **NSW Public Education's Charity of choice**

Win a \$4,000 holiday/gift voucher

- Place a \$2 coin, or equivalent, in this envelope
- Complete entry details on the back
- Return to your school to be eligible for the draw

All entries must reach Stewart House by Friday 28th May 2021 in time for the draw at 12pm on this date



Please consider making a \$2 donation and return your envelope by **Friday, 7 May 2021**. Additional envelopes are available from the office.

Value of the Week – Responsibility

Responsibility

We can show that we are responsible by

- ✓ setting a good example to others
- ✓ solving our problems appropriately
- ✓ discussing our problems
- ✓ accepting blame if we do something wrong
- ✓ letting a teacher know when we see someone who needs help or is hurt
- ✓ owning our behaviour and the effect we have on others.



Uniform Shop

Uniform orders can be placed by having your child drop off an order form with payment to the office. We will fill the orders have them ready for students to take home or call parents to come to the gate for collection. Please note the Uniform shop accepts only cash or cheques, correct money would be appreciated. Order forms are available under "Current Notes" on the school website or call the office if you need an order form sent home with your child.

Canteen Helpers Wanted

We are on the lookout for volunteers to join us on our exciting journey of enhancing the health and wellbeing of our School Community. Bonuses are your children are happy to see you in their favourite place – school and you'll get to meet new people and make new friends within our school community. Simply collect the volunteer form, obtainable from the office, complete and hand it back to the front office and we can get you onboard our team.

Matt Knight, Canteen Supervisor

6 Aqua

Outback Sunsets

This term we have been learning about the Elements of Art. To create the artworks, we used soft pastels of realistic sunset colours and blended them to replicate the light changing in the sky. We explored the element of art as we observed and created our own variety of lines to create unique trees. Space was used to create the sense of depth within the artworks, creating a three-dimensional backdrop. The inspiration for these marvellous outback artworks comes from Jenny Greentree and her Back O' Bourke studio.

Jemma Petty, 6A Teacher





What's inside?



Corn thins with cream cheese



[Mini crustless chicken quiche](#)



[Mixed salad](#)



Strawberries



Custard tub



Water

School Banking

Thank you for supporting the School Banking program and remember, School Banking day is every **Wednesday**. Thank you to all our student bankers.

This year rewards will be a mixture of rewards from past years, this will ensure that none of our School Bankers miss out on items from last year. These include the tomato seed kit, water skimming ball, and much more! If you have earned 10 tokens you will be sent a redemption slip to order your reward.

Diary Dates

March

Tue 23	PSSA Cricket – Bellingin vs Urunga
Fri 26	Cross Country – postponed
Mon 29	P & C Meeting, 6:30pm Staff room
Mon 29	Yr. 4 Cascade Excursion – depart 9am to
Wed 31	Yr. 4 Cascade Excursion – arrive 3pm
Wed 31	Easter Hat Parade

May

Fri 7 th	Last day to return Stewart House envelopes
Sat 8 th	Bellingin Show
Sun 9 th	Bellingin Show

June

Mon 7 th	School Photos
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Community Notices - Bellingin Public School does not endorse these products or services.

Don't forget coming up in a few weeks is the

BELLINGIN SHOW

MAY 8 & 9

AT BELLINGIN SHOWGROUND

- COLOURING IN COMPETITION
- PAVILION ENTERIES
- CHILDREN'S PASSPORT
- MUSICAL ENTERTAINMENT IN THE TENT
- FACE PAINTING
- ROCK CLIMBING
- HORSE AND CATTLE EVENTS
- GUESS THE WEIGHT OF THE BULL
- SIDESHOW ALLEY, RIDES AND FOOD
- MONGREL DOG SHOW
- FOOD EVERYWHERE
- WOOD CHOP

Bellingin Netball



Come and try netball!
Registration & Clinics Saturday
13th, 20th & 27th March
Jrs 5-8yrs, intermediate 8-12yr,
high school/ladies

bellingenetball@gmail.com

[Bellingin Netball Club Facebook page](#) **PIC•COLLA**



COME & PLAY HOCKEY

Bellingin Hockey Club are inviting all junior players (4-16yrs) to give hockey a go for the 2021 season. We are fielding teams in Minkey, Under 9s, Under 11s, Under 13s & U15s (16 aged players can play if not registered in seniors) mixed competitions.

Bellingin Come & Try sessions are for 8 years & above and will be held Tuesday 9th & 16th March 5-6:30pm in the MPC at Bellingin High School.

Hockey Coasts sessions are open for ages over 5 years old and will be run by Hockey NSW accredited coach and local club coaches assisting:

- Monday 22nd March 5pm-8pm
- Saturday 27th March 9am-12noon.

For further information please contact Emma Brownlee 0421869 326 or email bellinginhockeyclub@gmail.com



Tuesday 9th & 16th
March

5pm-6:30pm

Aged 8 years & Over

Bellingin High
School MPC

New & Existing
Players Welcome

Hockey Sticks &
Shinpads available
for use

REGISTER TO PLAY

Saturday Mornings at the
Cofts Hockey Complex

Comp Starts mid April
Training Tues 4:30-5:30pm

All new players receive a free
stick & club Hoodie

BELLINGIN BULLDOGS JUNIOR AFL CLUB



Registrations now open for the 2021 season

@ play.afl

Auskick, U11's, U13's, U15's and Youth Girls

Training starting first week of March

Active kids vouchers accepted

Any enquiries call Milo 0447305085



BELLINGIN DORRIGO JUNIOR RUGBY LEAGUE



2021 Registrations are now open

Register today at <https://profile.mysideline.com.au/register>

Registration Cost: U6's – U13's & Girls Leaguetag \$120
U16's \$150

No experience required, No weekly fees.

Active kids Voucher is accepted upon registering

www.service.nsw.gov.au/transaction/apply-active-kids-voucher

All registered players receive a club shirt, shorts, socks, & drink bottle.

Training Times Commencing Tuesday March 2nd

- U6s-U9s – Wednesdays 4pm-5pm @ connell park
- U10s-U13s – Tuesdays & Thursdays 4pm-5pm @ connell Park
- Girls Leaguetag 13+ – Tuesdays & Thursdays 5pm-6pm @ Connell Park
- U16s – Mondays & Thursdays 5pm-6.30pm @ Connell park

For more information please see our Facebook page Bellingin Dorrigo Junior Rugby League or email us at belligo@live.com.au



Bellingin Football Club is open for registrations for the 2021 season. All years Kindy to Year 12, Opens/all-age, and over 35s.

Teams fill up fast and training will begin in early March.

If you are intending to register now is the time!

Register at <https://www.playfootball.com/register>

For more info see Bellingin Football Club on Facebook (@bellinginfc) or webpage bellinginfc.com.au

Active kids vouchers accepted (enter as a voucher code on the sign up payment page).

Registrations Now Open for the 2021 season.

Under 8s, 10s, 12s and Girls 15's teams.

Register via the Rugby Xplorer app

Or

<https://myaccount.rugbyxplore.com.au>

Active Kids Vouchers accepted.

For further inquiries email dorrigorugbyclub@gmail.com

