



Bellinghen Public School

'Courtesy and Knowledge'

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Term 2 Week 3

Monday, 3 May 2021

From the Principal

Dear Parents and carers,

Did you know that when your child misses school 1 day per fortnight this equates to 4 weeks a year or 1 year over their school life? This not only affects their overall education but it can have impacts on them socially as well.

World of Maths

Last week students were involved in Math Problem Solving with the World of Maths. What a great time everyone had working together to find answers to the various problems.

Leadership Camp

Last week our school leaders were involved in a Leadership Camp with other student leaders from Orama PS, Raleigh PS, Urunga PS, Dorrigo PS, Repton PS and Dundarrabin PS at Coffs Adventure Centre. It was a great day of challenging themselves and working together as a team.

Sport is now able to be played against other schools as COVID restrictions have lifted. Our students are enjoying the opportunities that have opened up.

PSSA Cricket

Congratulations to our PSSA boys cricket team who played Urunga PS in the first round of competition and won. They will now play Coffs Harbour PS in the second round.

PSSA Netball

Our PSSA netball team will play Bonville PS tomorrow in the first round of competition. Good luck girls.

Gala Days

On Wednesday students will be involved in Netball and Hockey Gala days. Permission notes and information have been sent home last week. Have a great day everyone!

PSSA Soccer

Our boys and girls soccer teams will be playing their first round of PSSA competition against Urunga PS on Thursday. Good luck everyone!

MNC Cross Country

Good luck to the students who will be competing in the Mid North Coast Cross Country competition on Friday at Nana Glen.

Year 4 Camp

Next week students in year 4 will be heading to Cascade for their school camp. They will be there Monday to Wednesday. Thank you to Mrs Sommerville, Mrs Williams and Mr Frade who will be supervising the students. All information has been sent home. Please ensure your child's belongings are clearly marked with your child's name.

P&C meeting

Our next P&C meeting will be held in the staffroom tonight at 6 -7:30. Everyone is welcome to come along and support the P&C who support the school. One of the first projects for the P&C will be the upgrade of the Nature Playground later this month.

School use on weekends and evenings.

Over the past few weeks we have had a number of people on the school grounds without permission. A number of these visitors have left garbage, walked across rooves causing damage and wrecked fencing which is in place to protect students from injury. If you know or see anyone using the grounds without permission please ask them to leave, call the police and the safety and security number 1800 880021.

The school is not to be used by outside groups or individuals without prior permission.

Ness Cavanagh, Principal

NSW Department of Education

Why attendance matters

When your child misses school they miss important opportunities to...



Learn



Make friends



Build skills through fun

education.nsw.gov.au



Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life

1 day per **fortnight**

M	⊗	W	T	F
M	T	W	T	F

=

4 weeks

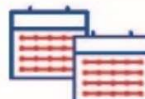
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Over **1****year missed**

1 day per **week**

M	⊗	W	T	F
M	T	W	⊗	F

=

8 weeks

=

Over **2.5****years missed**

education.nsw.gov.au

World of Maths

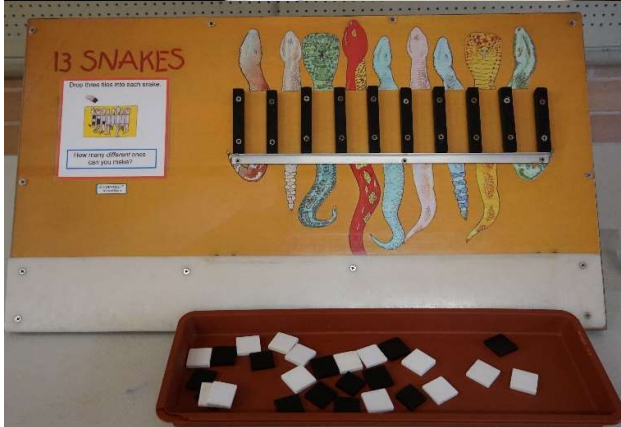
Thursday and Friday saw students K-6 strengthening their problem solving and team work skills by participating in the highly engaging World of Maths.

The large, colourful activities belong to the strands of: number, space, measurement, chance and data and logical thinking and sequencing. The instructions and questions on the activities made each session a guided discovery lesson where the students solved a variety of problems, discovering number patterns, identifying geometric properties, thinking logically and applying mathematics to the physical world.

Our students engaged in activities linked to real life situations and practical problem solving. Team work, communication and guided discovery were the order of the day while having heaps of fun with maths!

Thank you to the fantastic Year 5 students who assisted Year 1 and Kinder on the day.





Mrs Mulligan, Organising Teacher District Cross Country

On Friday the 23rd of April, around 60 Bellinghen students ran the Bowraville District Cross Country. The course had many challenges that our students had to overcome to complete the course. There were hills, streams, and students from Orama, Raleigh, Urunga, Dorrigo, Repton and Dundarrabin Public Schools competing. Our Bellinghen cross country runners prevailed, and we have 17 students competing at MNC Xross Country on Friday 7th at Nana Glen. Congratulations to our Cross Country runners.



Richard Frade and. Belinda Mellalieu

The Lunch Makers program

Why we need to Love Food and Hate Waste

Did you know the average family wastes almost \$4000 every year throwing food away?! That's \$10 billion worth of food binned by NSW households every year. Throwing food away not only wastes the food itself, but also the energy, water and natural resources used to grow, package, transport and sell it.

Saving food means saving money. And it's one of the easiest things we can do to tackle climate change.

If food waste were a country, it would be the third largest emitter of greenhouse gases. Imagine what a huge global impact we could have if we all made small changes at home!

We all have a part to play in reducing food waste and looking after the planet. The time is now, and the answer is simple: love food, hate waste.

Getting our kids involved in packing and making their lunch can help them and you make the most of the food you buy, ensuring they enjoy a nutritious lunch and keeping it out of the bin!

🥕 Kids will love the [Journey of a Carrot video](#) showcasing the adventures of a carrot from paddock to plate!

🍓 And follow one sweet little strawberry's big journey from the farm to the fridge. [Watch the video here](#)

The Harp Performance -Tuesday May 25

If you could pick a more beautiful instrument to listen to or watch being played, you would be hard pressed to find one more beautiful than the harp.

Alice Giles and her daughter, through the Musica Viva in Schools Program, are coming to Bellingen Public School. We have been given a special Country Rate for the concert of \$6.50 to attend. There have been amazing resources from Musica Viva to compliment our learning. There will be two concerts - K 1 2 and 3 Years at 12 Noon and Yrs 4,5 and 6 at 2:00pm.

Students throughout the school have been preparing through classroom music activities with myself and Mrs McCormick so the Concert will be more meaningful. The concert will be interactive and the harp music has been composed to reflect life in Antarctica. (Blizzards, Ice and Penguins)

Experiencing live performance is an expectation of the NSW Syllabus for Music Education.

I would not like any student at BPS to miss out so please keep an eye out for the mauve note and send it back to school with the \$6.50 next week .

We are fortunate to have beautiful musicians and stunning instruments come to our school so please make sure your child experiences the concert.

To help prepare at home and for your own interest, I have included the link so you can see some of our activities and learn about the Harp.

musicavivainschools.com.au

SELECT Musica Viva Classroom/home

LOGIN Don't choose 'login with email'

Choose 'use classroom code'. The code for our school is: - harp type harp into the classroom code box and meet Alice and her harps!

You could even make the penguin puppets..have fun.

Liz Scott, Music Coordinator

Show Performance

Please come and support some of our school's amazing musicians this Saturday at the Show.

Students from BPS will be playing in the Performance Tent from 10:00-11:00am.

Playing will feature Guitar groups and String Players from Junior Strings, Senior Strings and Yr 6 Ensemble. Daniel has his own time slot for his plethora of pianists!

We will be in our school uniform for the performances so the crowds can match up the extremely beautiful playing with our School!

See you there.

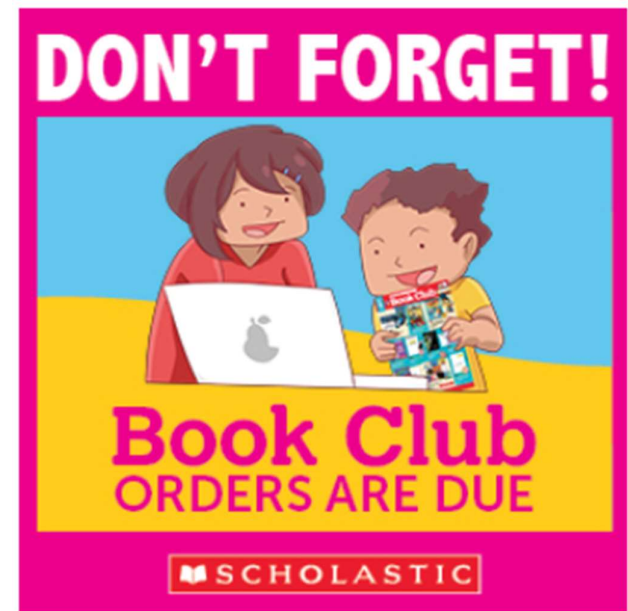
Liz Scott, Music Coordinator

Book Club – Issue 3

Issue 3 is due back Friday 7th May. You can place your child's order online at

<https://www.scholastic.com.au/LOOP> OR use the LOOP app.

Orders received after this date cannot be processed and will be returned.



Current Notes

These notes can be found on the Bellingen Public School Website under Current Notes

- Hockey Gala Day
- Netball NSW School Cup
- Lake Keepit – Yrs 5 & 6 EOI
- GRIP Leadership Conference – School Leaders
- PSSA Round 1 Soccer (Boys & Girls) – Soccer teams
- Bellingen Show colouring in competition – (collect a copy from the office)

School Banking

Thank you for supporting the School Banking program and remember, School Banking day is every **Wednesday**. Thank you to all our student bankers.

This year rewards will be a mixture of rewards from past years, this will ensure that none of our School Bankers miss out on items from last year. These include the tomato seed kit, water skimming ball, and much more! If you have earned 10 tokens you will be sent a redemption slip to order your reward.

Kinder Aqua

A sneak peek into the fun and learning in Kindergarten Aqua

In Kinder Aqua we often work with a learning partner. In our morning literacy session, we read our fluency word lists and readers to our partner and then they read them to us.



In Mathematics, we are learning how to make combinations of ten with our fingers, objects and ten frames. We read the book *Ten For Me* and made corresponding combinations of ten to match each part of the story. It was lots of fun!



We LOVE library time! Our joy for reading and enjoying books grows daily. Library time on Thursday is one of our favourite things to do.



There was lots of problem solving and teamwork skills happening at the highly engaging World of Maths on Friday.

In Kinder Aqua we love creative play and the opportunity to let our imaginations go wild and have fun playing and creating in a variety of ways.



Cricket

Our senior boys PSSA cricket team played against Urunga PS on Thursday last week. The team is a mix of some experienced and some first time cricket players. The boys arrived to the oval feeling very excited to play after many other attempts to play were rained out. We lost the toss and were sent into bat. Our two experienced openers, Brayden and Aiden, started our innings and faced some overs of Urunga's strongest bowlers. Aiden was first out getting bowled and then captain Beau took the crease. The team batted well hitting many singles until Brayden was run out by a great Urunga throw. Tyler was next in bat and turned the strike over nicely. Beau got his eye in and hit many fours against some good bowling. He was to top score with 22 runs not out. Both of these batsman were retired not out to allow for the others to have a go. Bob, Finlay and Tristan all faced deliveries and hit some nice ones and twos. The innings finished at 20 over with Bellingen on 3/90.

Our team shared the bowling with 8 players having their opportunity. The first wicket for our team went to Aydon who beat the bat to bowl the opposition opener. This lifted our team in the field and soon after saw Jirra take the catch of the game from Arlo's bowling. Other wickets fell from Tyler and Rusty which helped seal the game for our school. At the end of the 20 overs Urunga could only reach 61 runs which gave our school the win. We will be playing the round 2 match in Week 5 Against a strong Sawtell Public School team at Connell Park.



Izaac Hillery, Organising Teacher

Value of the Week – Fairness

FAIR VS. EQUAL

- * Equal means the same.
- * I will not be treating you exactly the same way.
- * Being fair means that I will do my best to give each student what he or she needs to be successful.
- * What you need and what someone else needs may be very different.
- * I will always try to be FAIR, but this means things won't always feel EQUAL.



P & C Meetings

All parents and carers are invited to the Bellingen Public School P and C meetings. Meetings are held on the first Monday of the Month at 6:00pm in the staff room. The next meeting will be held tonight, Monday, 3rd May 2021. Monthly meetings are capped at one and a half hour. Items not covered will be held over to the following meeting.

Canteen Helpers Wanted

We are on the lookout for volunteers to join us on our exciting journey of enhancing the health and wellbeing of our School Community. Bonuses are your children are happy to see you in their favourite place – school and you'll get to meet new people and make new friends within our school community. Simply collect the volunteer form, obtainable from the office, complete and hand it back to the front office and we can get you onboard our team.

Matt Knight, Canteen Supervisor

ACTIVE KIDS ARE SMARTER KIDS



FRIDAY 14 MAY 2021

Until they're ten, children must always hold an adult's hand when crossing the road

WALK.COM.AU

Facebook: @nationalwalksafelytoschoolday Instagram: @natwalktoschool Twitter: @natwalktoschool #WSTSD

SUPPORTED BY THE AUSTRALIAN GOVERNMENT AND ALL STATE, TERRITORY AND LOCAL GOVERNMENTS

Stewart House

For over 40 years, the Stewart House Donation Drive has been their major annual fundraising event in NSW public schools. Staff and students are encouraged to enter the draw. For as little as \$2.00, you could win a prize valued at \$4000.



Stewart House Donation Drive 2021 Celebrating 90 years!

Your donation supports the 1,700 children who attend Stewart House each year from public schools across NSW and the ACT.

“Staying at Stewart House was an important component of my childhood. I am thankful for the experience and that there were people out there that truly believed in kids from complex backgrounds, without judgement.”

Email message from past student (10/10/2020)

NSW Public Education's Charity of choice

Win a \$4,000 holiday/gift voucher

- Place a \$2 coin, or equivalent, in this envelope
- Complete entry details on the back
- Return to your school to be eligible for the draw



All entries must reach Stewart House by Friday 28th May 2021 in time for the draw at 12pm on this date

Please consider making a \$2 donation and return your envelope by **Friday, 7 May 2021**. Additional envelopes are available from the office.

Uniform Shop

Great News! The Uniform Shop will re-open on Fridays from 8.40 – 9.30.

If you cannot make this time uniform orders can still be left with the office to be completed. Orders will be filled and delivered to students to take home or we can call you when they are ready to collect. Please note the Uniform shop accepts only cash or cheques, correct money would be appreciated. Order forms are available under “Current Notes” on the school website or call into the office to collect one.

Healthy Lunch Box recipe

Zucchini muffins



Ingredients

2 zucchinis, grated & liquid squeezed out
1 carrot, grated
125g tin corn kernels, drained
1 small red onion, finely diced
1 cup baby spinach leaves, chopped
1 cup wholemeal self-raising flour
6 eggs, beaten
1 cup reduced-fat tasty cheese, grated

Method

Preheat oven to 180°C. Line a 12-hole muffin tin with muffin liners.

Heat a non-stick frypan over medium heat and cook the onion until translucent. Allow to cool.

Place all ingredients into a large mixing bowl and mix until well combined.

Divide the mixture between the 12 muffin liners. Bake for 25 to 30 minutes or until muffins are golden and a skewer comes out clean.

For more recipes visit:
healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

Attachments with this Newsletter

- Bellingen Show Flyer
- Saver Plus – Could \$500 help with school costs?

Diary Dates

May

Mon 3rd P & C Meeting, 6pm Staff Room
Tue 4th Netball Bellingen vs Bonville, Bellingen
Wed 5th Netball Gala Day
Wed 5th Hockey Gala Day
Thur 6th PSSA Boys and Girls Soccer @ Connell Park
Fri 7th MNC Cross Country, Nana Glen
Fri 7th Last day to return Stewart House envelopes
Sat 8th Bellingen Show
Sun 9th Bellingen Show
Mon 10th Yr. 4 Cascade Excursion – depart 9am
Tue 11th Yr. 4 Cascade Excursion
Tue 11th GRIP Leadership
Wed 12th Yr. 4 Cascade Excursion – arrive 3pm
Fri 14th Walk Safely to School Day
Fri 14th WSA
Fri 28th Stage 2 Botanical Gardens excursion

June

Fri 4th PSSA Touch Football Gala day
Mon 7th School Photos
Wed 9th Readers & Writers school workshop
Fri 11th Athletics Carnival @ BHS
Fri 25th Last day of Term 2

July

Mon 12th SDD
 Tue 13th First day for students Term 2
 Fri 23rd District Athletics

August

Fri 6th MNC Athletics
 Mon 9th Lake Keepit Excursion Yrs. 5 & 6 to
 Fri 13th Lake Keepit Excursion Yrs. 5 & 6
 Mon 16th Science Week

September

Fri 17th Last day of Term 3

October

Mon 4th Labour Day Public Holiday
 Tues 5th First day for students Term 4
 Tues 5th World Teachers Day

Community Notices - Bellingen Public School does not endorse these products or services.

Library Lego Legends

After School Activity
 every Thursday
 3.30—4.30pm

**LEGO at
 Bellingen
 Library**



Starts: Thursday 29th April
BOOKINGS essential
 Phone: 6655 1744



Bellingen Shire
 COUNCIL

Bellingen Shire Libraries • bellingenlib@erf.nsw.gov.au • p (02) 6655 1744

**BELLO
BOOTCAMP**

Bellingen Public School Hall

Mon, Tue & Thursday

5.30-6.30pm

\$10 per session

Friendly & fun space for woman to get fit.

0411875225

Bringing
 services
 to your
 community

May 6th,
 2021
 9am to
 3pm



We're bringing NSW Government services to communities with our Mobile Service Centres

Access frequently used services including:

- Driver Knowledge Tests
- Cost of Living service
- Birth, death and marriage certificates
- Driver licence and Photo Card applications and renewals
- Working With Children Checks

Visit service.nsw.gov.au/msc to find out when we're next near you.

Next in town

06th May 2021 Time: 9am to 3pm Location: St Andrews Church Bellingen



Driving Tests available by appointment only
 to book call 13 77 88

