



Bellingen Public School

'Courtesy and Knowledge'

William Street
PO Box 42
Bellingen NSW 2454

Email: bellingen-p.school@det.nsw.edu.au
Website: <https://bellingen-p.schools.nsw.gov.au/>

Principal: Vanessa Cavanagh
Phone: 02 6655 1147
Fax: 02 6655 2615

Term 3 Week 3

Monday, 26 July 2021

From the Principal

Dear parents and carers,
Thank you to all parents/carers and community members for their continued understanding and cooperation in following the current operational guidelines. COVID is certainly presenting everyone with a number of challenges and we will need to continue to adapt as we all learn to live in a COVID world.

Welcome to Education Week

Unfortunately, we are not able to celebrate Education Week with open classrooms, assemblies and visits at the moment. This would be a great time for you to ask your child questions about their time at school such as what is their favourite subject and why, listen to them read, draw pictures together of them at school with their friends and what games do they like to play at lunch time with their friends. We would love to hear or see some of their responses.

Kinder Orientation

Mr Harry visited the Preschools last week to meet the children and drop off information and dates for our Kinder Orientation. If you know of a family who has a kinder child for next year and may have missed the information, please let them know the following dates and to ring the office for more information.

Sep 1 : Introduction to Kinder evening 6-7pm

Sep 10: Kinder Tabloids – a games morning for students from the different preschools

Oct 29: Session 1 – Parents and students

Nov 5: Session 2 – Students only

Nov 12: Session 3 – Students only

Nov 19 – Session 4 – Students only

Uniforms

A reminder to all students that multi coloured jumpers and jackets are not part of the school uniform. There are a number of jumpers and jackets in lost property. If students have lost or misplaced their jumper or jacket the lost property box is a good place to start looking. The office has a number of second-hand jumpers or jackets available for sale.

Morning Duty

A gentle reminder that morning duty starts at 8:40 where a teacher will be under the top shelter and top playground. No student should be here until this time. If students arrive before this time, usually due to bus drop off, they need to put their bags away and sit quietly under the shelter until the teachers on duty arrive. This is not a time for play as there is no supervision.

Have a great week

Ness Cavanagh, Principal

COVID Update

Currently Level 2 restrictions are in place. This means:

- Masks are recommended but not mandatory indoors.
- Non-essential visitors are not permitted in schools.
- All visitors must sign in using the QR code and report to the office.

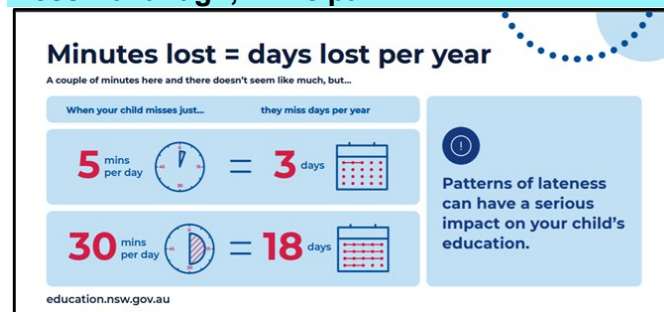
Please check

<https://education.nsw.gov.au/covid-19/advice-for-families> for up to date information.

Attendance

Attendance each day at school is very important to ensure students have the best chance of learning. When students constantly arrive late to school, they miss valuable learning time and the morning routine information.

Ness Cavanagh, Principal



100 Day Practice Challenge

Congratulations to so many families who are supporting their child to establish the habit to practice. The playing in the music room last week was outstanding and I had teachers emailing me with tales of the super vigour they are seeing in their students. Motivation to play has increased as has confidence in playing.

It's time to make that 15 minutes happen each day. I used to hear sooooo many excuses but it is really about just doing it!!

This week's handy hints are;

- to timetable a space each day of this week that will work for your family.
- to be super positive when your child plays and resist 'correcting' anything while they form this habit.
- to sit and have a cuppa while they play this week.

Elizabeth Scott, Music Co-ordinator



Education
Public Schools



Cancer Council Healthy Lunch Box

Welcome to the [Healthy Lunch Box](#) Term 3 update. As we head into the new school term, a lot of us are experiencing some form of restrictions due to COVID. Eating well and staying healthy has never been so important for the school community. The [Healthy Lunch Box](#) is here with some ideas to keep the family busy during this difficult time. Why not share these ideas with your school community.

Lockdown cooking

Having more time at home is a perfect reason to get cooking in the kitchen. Our top 5 recipes to cook in lockdown use simple ingredients, are easy to make and are packed full of nutrition.

1. [Banana bread](#) – get on that lockdown trend and try our banana bread recipe
2. [Vegetable fritters](#) – a great way to get vegies into the day
3. [Mediterranean scrolls](#) – delicious as a lunchtime meal or an afternoon snack
4. [Pasta bake](#) – use up those leftover vegies in this dish, perfect on a wintery night
5. [Shepherd's pie](#) – tasty and protein-packed meal with 4 serves of vegies per portion!

Fun activities for kids

[Healthy Lunch Box](#) developed a '[Healthy Holidays Guide](#)' for the last school holidays. However, the guide isn't just for the holidays, but is a fantastic resource with lots of activities to keep kids learning through the lockdown. The interactive [Lunch Box Builder](#) is a fun way for kids to find out how to pack a healthy lunch box.

For older kids, a great activity is to get them to search for [recipes](#) and plan out a menu for a whole day making sure to include the recommended [5 serves of vegies and 2 serves of fruit](#). Bonus points if they make the proposed meals for the family!

Senior Choir

Congratulations to all students who auditioned for a place in the Senior Choir. Every student has made it into the choir and we are able to rehearse alfresco! By opening all doors to the hall and singing a little apart from each other, rehearsals are set to begin this week. Without the Opera House performance, we will be singing some hits, some 'essential' songs to know and some traditional children's choir music.

All students came to audition with great enthusiasm and I could see how much we have been missing singing together.

We are trialing an early start. 8:15 to 9:00am so as not to affect learning in other subject areas.

This begins this week, Wednesday July 28. I will expect students to show weekly commitment to rehearsals in order to perform with their music team- (the choir).

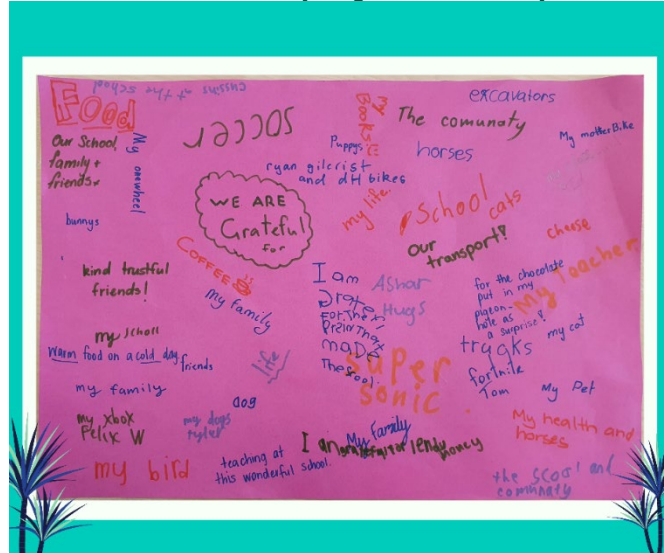
This buzzy beginning to the morning will set our students up for great learning throughout the day.

Kind Regards

Elizabeth Scott, BPS Music Co-ordinator

Gratitude

We're cultivating an attitude of gratitude here at Bellingen Public School! What are you grateful for today?



Student Shout Out!

We are so proud of all of our students at Bellingen Public School and all that they do. Each week a student is selected to be featured in our Student Shout Out so that they can share their interests, aspirations and achievements.



STUDENT SHOUT OUT

LILU – 6 AQU

What advice would you give to other students?

I would tell them to enjoy primary school while they can, because it goes by so quick.

What subject do you wish you could do more of?

Drama, because I find acting enjoyable and I love playing drama games. My favourite is Spacejam!

What's your favourite sport?

Netball, because it's fun and I like working as a team.

What do you like to do in your break time?

Going to the oval, because you run around and play.

Interviewed by Tom & Seth (6 AQU)

Staff Shout Out!

We have an amazing staff here at Belling Public School and thought it was important for the community to get to know them. Each week a staff member is selected for a Staff Shout Out and they are interviewed by year six students. We hope you enjoy reading their interview.

STAFF SHOUT OUT

MISS PETTY - TEACHER



How long have you been teaching for?
6 years teaching all together - 5 years in Australia and 1 year in England.

If you could not be a teacher, what job would you want to have?
I would be an occupational therapist because I'd still want to work with kids, or an author because I love creating imaginative stories.

What do you like about your job?
I love that everyday is different, fun and challenging. I also really love helping kids learn and grow into amazing people who can make a positive change in our world.


What is an experience you hope that everyone gets to have?
I hope everyone gets the opportunity to Travel! It makes you so much more open-minded and resilient, and allows you to experience and learn about other cultures and yourself at the same time.

What is your favourite subject to teach?
History, because I find the past so fascinating, and I love analysing how it has affected modern day and how it can help us prepare for the future.
Interviewed by Lainey & Dana (5Aqua)

Jemma Petty

P & C Meetings

All parents and carers are invited to the Belling Public School P and C meetings. Meetings are held on the first Monday of the Month at 6:00pm in the staff room. The next meeting will be held on Monday, 2nd August 2021. Monthly meetings are capped at an hour and a half. Items not covered will be held over to the following meeting.



1870-2020

BELLINGEN

PUBLIC

SCHOOL

150 YEAR

ANNIVERSARY

When: September 11th & 12th 2021 (COVID delayed)
Where: Belling Public School
Who: Students past & present, Staff, Families, Community



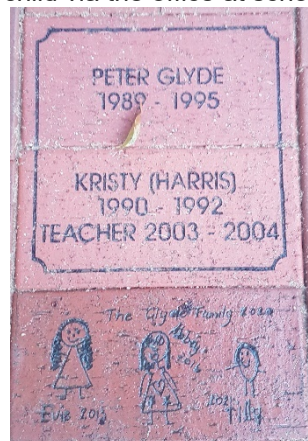
Save the Date

150th Update

At this time we are still planning for our celebration on the 11-12 September but this is very dependent on the COVID-19 rules.

We are going to do another run of pavers to add to the walkway that was laid in the holidays which looks fantastic.

You can access an electronic form on the facebook page **Belling Public School 150yr Reunion** or send an email to belling150@gmail.com and we can arrange an emailed form to you or one can be delivered to your child via the office at school.



Kathy Glyde, 150th Committee

Library New

I am in need of some help with covering all the new books that we have purchased. If you are able to cover a bag of books, please let me know, via replying to the school email, and I'll give you a call before the books are sent home. belling-p.school@det.nsw.edu.au
Thank you in anticipation.

Belinda, Librarian/RFF K- 2

Gardeners

BPS Stall at the Plant Fair – Saturday, 11 September 2021.

To help fund the garden activities and buy tools, seeds and loads of Compost from BioMass in Coffs Harbour, we prepare for a plant stall at the Belling Plant Fair held in September.

Can you help? This is what we need; pots of plants to sell that you have propagated from your favorite plants at home. (I have trays of geraniums and begonias so far, growing for the stall)

Are you good at veggie seedlings? They always sell fast. NB. Annoying creepers may be somebody's delight!

If you can grow it, we will sell it!

If growing is not your thing but you wish to help, you could donate a bag of potting mix for the busy growers at school. So far we have 50 succulents, salvias and coleus looking GREAT.

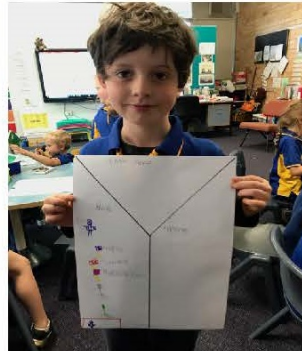
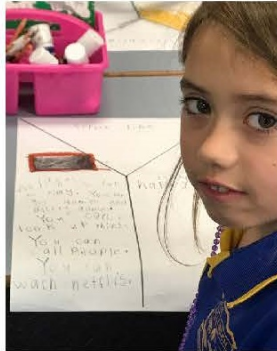
If the Plant Fair does not go ahead, we could have an 'In School' sale.

Happy Gardening

Elizabeth Scott, Music Co-ordinator

FUN IN 1 MAGENTA

Last semester we enjoyed being creative with our learning! We made patterns in Maths using colour, shape, position, size and quantity.



We created persuasive texts in English using a Y chart to help us organize our ideas. Our texts included a point of view statement, a number of reasons and examples to support our opinion, and another alternate point of view statement to complete our text.

In CAPA we created group puppet plays based on 'The Very Hungry Caterpillar' by Eric Carle. To do this we needed to collaborate and communicate effectively, make our puppets and make a puppet show theatre. We wrote scripts and organized and performed our puppet shows. It was lots of fun.



We made some exquisite Mother's Day gifts as well!

And we really enjoyed the Easter Hat Parade!



Colour Explosion Obstacle and Fun Run

The P and C along with the school are hosting a Colour Explosion Obstacle and Fun Run (new date to be advised) to raise money for a set of Djembe drums for the school music program, improvements to outdoor areas and other yet to be decided projects. We are asking for wish lists from staff and students.

Start fundraising! Students raise 3 x more when they run online.

Visit <https://myprofilepage.com.au/> to create your child's cybersafe fundraising profile.

How do prizes work? Help your child fundraise by setting a prize goal. It's ok if they change their mind, you order prizes later. Student's can choose a prize based on the total amount they raised or mix and match smaller prizes. Thankyou for supporting our school.

Happy Fundraising

Kim Childs and Fleur Blainey Deen

Stay Connected

There are a number of ways to stay up to date with news at Bellingen Public School. Apart from our weekly newsletter. How about trying:-

- Bellingen Public School Facebook page.
- Bellingen Public School P and C Facebook page
- Skoolbag app
- Bellingen Public School website




Uniform Shop

Unfortunately the Uniform Shop cannot be open due to Covid restrictions

Uniform orders can be placed by having your child drop off an order form with payment to the office. We will fill the orders have them ready for students to take home or call parents to come to the gate for collection. Please note the Uniform shop accepts only cash or cheques, correct money would be appreciated. Order forms are available under "Current Notes" on the school website or call the office if you need an order form sent home with your child.

Attachments with this Newsletter

- Futsal Term 3
- Snippet from 125th Anniversary book – Ola Bourke

Student Banking

Due to the low number of students participating in Student Banking, we will be phasing out this service by Week 5, Term 3.

We would like to acknowledge and thank the parent volunteers for their continued support with this program. Children can continue their regular savings at any Commonwealth Bank branch or online.

Thank you for supporting the School Banking program and remember School Banking day is every Wednesday.

Student Banking Coordinators

Excursion Budgeting

Excursions can be paid off weekly, fortnightly, monthly or as it suits your family budget. Below is a breakdown of the number of school weeks until the final payment must be received.

Lake Keepit Excursion, August 9- 13 @ \$341 – due now.

If you are experiencing difficulty in paying for any school expenses please do not hesitate to contact the school.

Current Notes

These notes can be found on the Bellingen Public School Website under *Current Notes*.

- Lake Keepit Covid update
- Covid restrictions
- Year 6 Shirt
- Lake Keepit – Yrs 5 & 6 Information

Value of the Week – Responsibility



Diary Dates

July

Mon 26 th	Education Week to
Fri 30 th	Education Week

August

Fri 6 th	Whole School Assembly
Fri 6 th	MNC Athletics
Mon 9 th	Lake Keepit Excursion Yrs. 5 & 6 to

Fri 13th Lake Keepit Excursion Yrs. 5 & 6
 Mon 16th Science Week

September

Sat 11th BPS Stall at the Plant Fair
 Sat 11th BPS 150 years Anniversary
 Sun 12th BPS 150 years Anniversary
 Fri 17th Country Fair
 Fri 17th Last day of Term 3

October

Mon 4th Labour Day Public Holiday
 Tues 5th First day for students Term 4
 Tues 5th World Teachers Day

Community Notices - Bellingen Public School does not endorse these products or services.



GREEN THUMB LANDSCAPES

0408 554 630
www.greenthumblandscapes.com.au

STRUCTURAL LANDSCAPES

- Retaining walls
- Driveways
- Concreting
- Earthworks
- Drainage
- Pergolas, Shelters & Carports
- Pool & Spa Sales
- Fencing
- Paving
- Decks
- Privacy Screening
- New home packages

Fully Licenced & Insured Structural Lic No. 241663c

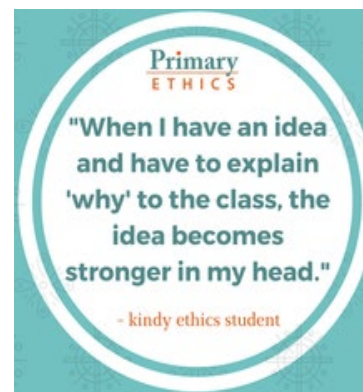
2021 TERM 3 FUTSAL SCHOOL

ACTIVE KIDS VOUCHERS ACCEPTED



3-5 YRS TUE 4 TO 4.45PM 8WK PROGRAM - \$80
 12-16 YRS WED 4 TO 5PM 10WK PROGRAM - \$125
 6-12 YRS THUR 4 TO 5PM 10WK PROGRAM - \$125

VENUE | 32 INDUSTRIAL AV, COFFS HARBOUR **CONTACT RENEE** | 0448 157 049
REGISTER | <http://ausfutsal.com/futsalschoolch>



Are you interested in helping children develop their critical thinking skills? Do you have half an hour to spare each week on a **Friday** at 12.15pm?

Primary Ethics and Bellingen Public School are looking for **more**

volunteers so that ethics classes can be made available for all K-6 students who are interested in participating.

Ethics teachers receive full training from Primary Ethics, consisting of flexible online training sessions. Lesson scripts and ongoing support are provided.

Want more information? Visit

www.primaryethics.com.au.

Vaping. What do parents need to know?

Northern NSW and Mid North Coast local health districts are hosting a free parent webinar on up-to-date information about vaping, facilitated by drug educator Paul Dillon. Vaping is the use of electronic cigarettes, e-cigarettes or 'vapes' and is a growing concern for parents.

All Northern NSW and Mid North Coast parents and caregivers of students from NSW Education Department schools, Catholic and Independent schools are invited to attend the free online session.



Paul Dillon is the Director and founder of Drug and Alcohol Research and Training Australia (DARTa) and he is passionate about ensuring that the community has access to accurate and up-to-date alcohol and other drug information.

For more information visit
www.darta.net.au.

WHEN:
 Wednesday 11 August 2021
 7-8pm via ZOOM

RSVP BY 6 AUGUST:
 Scan QR code or via [link](#)

