



# Bellinghen Public School

*'Courtesy and Knowledge'*

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Principal: Vanessa Cavanagh  
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Term 3 Week 4

Monday, 8 August 2022

## From the Principal

Dear parents and carers,

Welcome to Week 4, Term 3.

Our new School Wellbeing and Behaviour Policy is being implemented across the school. Our school values are being SAFE, RESPECTFUL and RESPONSIBLE. As a school we are looking at these values across all areas and how we display being SAFE, RESPECTFUL and RESPONSIBLE. Why not ask your child how they have displayed one of these values and how?

Thank you to the Bellinghen Branch of the Australia Red Cross who donated \$300 and Trauma Teddies to the school after our recent break in. They have asked that the money be spent on replacing an item that was destroyed. We have bought a new fishtank and fish for the foyer with the proceeds. Thank you very much for your kind donation.

Thank you to everyone who was able to attend the Parent/Teacher Interviews last week. If you were unable to make it but would still like to speak to a teacher please contact the school to organise an interview.

Review Meetings for students are being held this week. Invitations have been sent home with students who require a meeting.

The SRC are holding a Pyjama Day on Thursday as a fundraiser for items on their wish list. If your child is wearing pyjama's a gold coin donation would be appreciated.

A Whole School Assembly will be held on Friday in the hall to celebrate our Students of the Month.

Congratulations to the school PSSA Soccer team who defeated Nambucca Heads PS and Bonville PS to go onto the next round of the PSSA Soccer Knockout Competition They will now play Coffs Harbour PS tomorrow at Connell Park. Good luck!

The Boys and Girls Touch Football teams played great games against Macksville PS and Nambucca Heads PS. Unfortunately, they came up against stronger competition this time and have been knocked out. Well done everyone for getting this far.

Our next P&C meeting will be held tonight at the Youth Hub from 6pm. Everyone is welcome to attend.

Attendance at school when students are well is important for your child to learn, make friends and build skills through fun. Please remember to let the school know if your child is unwell via email or phone call. If they are sick

for more than 3 days students are required to have a medical certificate.

Please demonstrate our values when dropping off or picking up your children and be SAFE around buses and use the school crossing near the hall.

Have a great week everyone!

**Ness Cavanagh, Principal**

## P and C Meeting

The next P&C meeting will be tonight, Monday 8th August, 6pm at the Bellinghen Youth Hub. All welcome!



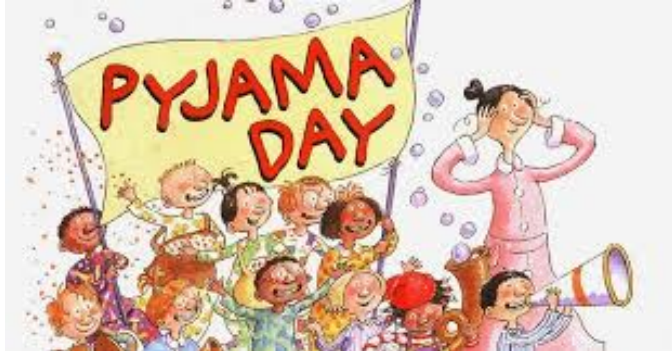
## Canteen Closed

Please note the Canteen will be closed on the following days, Friday 16th September and Monday 19th September.

Lunch and recess will not be available on these days. We apologise for any inconvenience and would appreciate all parents ensuring their child/ren bring lunch and recess on both these dates.

## SRC Pyjama Day

Our SRC will be holding a Pyjama Day mufti day on Thursday, August 11. Students can wear their pyjamas to school and we ask that they make a gold coin donation to help the Student Council's fundraising projects.



Roz Everson, SRC Coordinator

## PSSA Touch Football

Last Friday the 5th of August, 18 year 5 and 6 students from Bellingen Public School competed in round 3 of the PSSA Touch Football competition in Toormina.

The boys played first against Macksville Public School. The Macksville side got away to an early lead, but the BPS boys stayed positive and work well as a team to get some points on the board. Unfortunately, the clock was against us and our boys went down 8-4, meaning they did not progress to the next round against Boambee.

After a short break, the girls were up to play against Nambucca Heads Public School. Our girls held their own against the strong opposition, sharing positions so everyone had the opportunity to have some ball. After some unlucky calls, the final score was 2-1 with our girls narrowly missing out on a spot in round 4.

Given the wet and slippery conditions, both boys and girls teams put in a fantastic defensive effort and are commended for their sportsmanship and behaviour on the day.



Lucy Hunt & Dylan Harry  
Organising Teachers

## Scabies

We have had cases of Scabies at the school in Stage 1. Scabies are tiny mite creatures (bugs) that burrow under the skin causing intense itching and sometimes a rash. The rash is due to an allergic reaction to the mite. Scabies tends to be worse around wrists, armpits, buttocks, and the groin and between fingers and toes.

Scabies is highly contagious and is passed from person to person through close skin contact. Infestation may also occur by sharing clothing, towels, and bedding. Symptoms usually appear two to six weeks after exposure.

Scabies are easily treated with gentle scrubbing of the skin followed by drying and applying permethrin cream or lotion that you can buy from pharmacies. People who have had close contact with an infected child should be examined for infestation and be treated if necessary. Wash linen, towels and clothing worn in the past 2 days in hot water and detergent.

### Keep at home?

Yes. Children should be excluded until the day after appropriate treatment has started.

### More information

See the [HealthDirect](https://www.healthdirect.gov.au/scabies) Scabies website.

## Eat Fresh and Win!

I have registered our school into the "Fresh for Kids" canteen campaign.

This will begin Monday 1st August and end on Friday 16th September.

How it works: Each time a student makes a healthy selection from the school canteen or brings a piece of fruit or vegetable from home (on the days canteen is closed) they will be rewarded with a signature on their entry form. Upon collecting 2 signatures, students return their entry form to the canteen and the child is rewarded with a minor prize and a bonus card to win one of 10,000 Rubik's Cube and other major prizes.

The final step is for me to send all the completed entry forms back to Sydney Markets by Friday 23rd September 2022. The major prize draw will take place on Wednesday 12th October 2022 for both students and school.

For further details, and full terms and conditions, and information on prizes you can check out the website [www.freshforkids.com.au](http://www.freshforkids.com.au)



Jen DaConceicao, Canteen Manager

## Stay Connected

There are a number of ways to stay up to date with news at Bellingen Public School. Apart from our weekly newsletter. How about trying:-

- Bellingen Public School Facebook page.
- Bellingen Public School P and C Facebook page
- Skoolbag app
- Bellingen Public School website



**Sting News**



The Junior String Group prepares to perform at the Community Markets on September 17.

**Trumpet Star**

Congratulations to Evan Campbell on receiving his certificate for 3rd Grade Trumpet. Here he is with our Brass Teacher, Kate Butcher.



**Garden News**

**Pad complete and ready for the shed.**

Declan Carey and Brock Wylie pour and smooth the pad. Brock is an ex student of Bellingen Public School and now returning to school as an excellent tradie!








The juicy benefits of working at Garden Club.



[Lunch Box Builder](#)



**What's inside?**

-  [Soy and ginger chicken noodle salad](#)
-  Carrot, baby corn, capsicum sticks with [hummus](#)
-  Pear
-  Custard tub
-  Water

## Uniform Shop

Our Uniform shop is open on Friday from 8:40-9:30. Uniform order forms are available from the office or on the school website under *CURRENT NOTES*. Please note, payment must be made by cash or cheque.

## Diary Dates

### August

Mon 8th P & C Meeting - BPS wellbeing policy at Bellingen Youth Hub  
 Thur 11th Pyjama Day  
 Fri 12th WSA  
 Wed 17 Opera House Cluster Rehearsal – Narranga PS  
 Mon 29th P & C Meeting - New Curriculum initiatives - experiences of being early adopters

### September

Wed 7th Kinder Orientation - 6.00 – 7.00pm  
 Fri 9th WSA  
 Wed 14th Cascade Camp for Year – **New date**  
 Thur 15th Cascade Camp for Year – **New date**  
 Fri 16th Cascade Camp for Year – **New date**  
 Fri 16th Canteen Closed  
 Fri 16th Kinder Orientation – Tabloid Sports morning  
 Mon 19th Canteen Closed  
 Fri 23<sup>rd</sup> Country Fair  
 Fri 23<sup>rd</sup> Last Day of Term 3

### October

Mon 10th First Day of Term 4  
 Mon 24th P & C Meeting - School approach to teaching writing  
 Mon 24th Sydney Choir Excursion travel to Sydney  
 Tue 25th Sydney Choir Excursion –Town Hall performance  
 Wed 26th Sydney Choir Excursion travel home  
 Mon 31<sup>st</sup> Stage 3 Lake Keepit Excursion

### November

Tue 1<sup>st</sup> Stage 3 Lake Keepit Excursion  
 to Stage 3 Lake Keepit Excursion  
 Fri 4<sup>th</sup> Stage 3 Lake Keepit Excursion  
 Fri 4<sup>th</sup> Kinder Orientation – Orientation Day 1  
 Fri 4<sup>th</sup> WSA  
 Fri 11<sup>th</sup> Kinder Orientation – Orientation Day 2  
 Tue 15<sup>th</sup> Book Fair  
 Wed 16<sup>th</sup> Book Fair  
 Thur 17<sup>th</sup> Book Fair  
 Fri 18<sup>th</sup> Book Fair  
 Fri 18<sup>th</sup> Kinder Orientation – Orientation Day 3  
 Mon 21<sup>st</sup> P & C meeting – transitions  
 Fri 25<sup>th</sup> Kinder Orientation – Orientation Day 4

### December

Mon 19<sup>th</sup> Last Day of Term 4

## Attachments with this Newsletter:

- Lions Club Fireworks

## School Organisation

### Bell times for our school

8:40 First bell – Teacher on duty  
 9:00 Line Up  
 9:05 Class  
 11:05 Eating  
 11:15 Lunch 1 (no bell)  
 11:35 Lunch 2  
 12:00 Class  
 1:45 Recess  
 2:10 Class  
 3:10 Home

### School Office Hours

Our office is open from 8:30-3:45 Monday to Friday. If you ring out of these hours please leave a message on our answering machine. We will follow up the message on the next business day.

### Contacting staff

If you wish to contact a staff member, please email the school on [Bellingen-p.school@det.nsw.edu.au](mailto:Bellingen-p.school@det.nsw.edu.au). Please put a brief outline of the reason to ensure the staff member has the information you need before they contact you. Staff will contact you either by phone or email as soon as possible.

**Community Notices - Bellingen Public School does not endorse these products or services.**



**Need help with school costs?**

Join the free financial education program that matches your savings up to \$500

**Ease the pressure of school costs with Saver Plus and get \$500 in matched savings to help out.**

### What is SaverPlus?

Saver Plus is a free ten month savings program that provides financial education and matches your savings up to **\$500 for educational expenses.**

### Can you join?

To be eligible to join Saver Plus you must:

- be a parent or guardian of a student attending school, or be attending vocational education yourself;
- have a current Health Care card or Pensioner Concession card;
- be receiving a Centrelink benefit, allowance or payment;
- have some form of regular income from work (you or your partner) **OR** receive child support;
- not have completed SaverPlus before.

**Who do I contact for more info, or to join ?**

**Graeme Grice- Coffs Harbour Coordinator**

**PH: 0428 428 444 or**

**click [here](#) to complete an enquiry form.**